

# CERTIFICATE OF ACHIEVEMENT

PRESENTED TO:

**CARIEN LUBBE-DE BEER**


For completion of 72 hours of training in :

**Somatic Resilience and Regulation®**

Course Location: Australia, Distant Learning    Date of Completion: February 24, 2024

**Resilience & Regulation, LLC**  
800 Harvard Dr.  
Pflugerville, TX 78660  
[www.resilienceandregulation.com](http://www.resilienceandregulation.com)

  
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Instructor: Kathy L. Kain, PhD

  
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Instructor: Stephen J. Terrell, PsyD

# CERTIFICATE OF COMPLETION

# Resilience

THIS IS TO CERTIFY THAT

**Carien Lubbe-De Beer**

# Regulation


HAS COMPLETED 24 HOURS OF INSTRUCTION

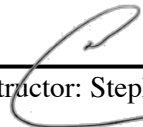
**Somatic Resilience & Regulation: Module 3**

**Course Location: Australia, Distant Learning**

**Completion Dates: February 23-24, 2024**

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